



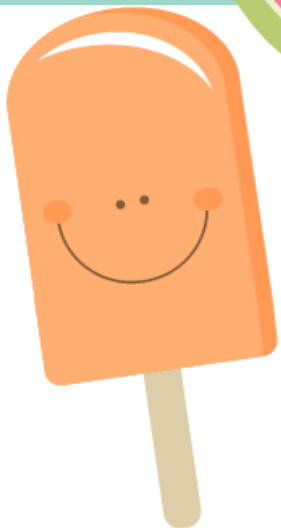
COMMUNITY NEWSLETTER JULY 2021

We wanted to extend our Community Newsletter to a summer edition this year.

All the children have been so amazing and resilient with the challenges that they have faced over the last academic year.

So this celebratory Newsletter is for us to share our thanks to all students and their parents/carers with a big focus on students moving from primary to secondary school.

We would like to take this opportunity to wish you all an enjoyable summer and we all look forward to seeing you back in September!



ANNECY
CATHOLIC PRIMARY SCHOOL

What a year it has been! A very challenging year for our children, parents and staff but what a fantastic response from our Annelly Family. From our new starts in Reception, who have hit the ground running in September, coped amazingly during the January/February lockdown and returned in March full of smiles and laughter, through to our Year 6s who continue to show maturity beyond their years – coping with a lockdown, preparing for an end of year performance of 'A Midsummer Night's Dream' and smashing their end of year assessments!

As their Headteacher, I could not have been more proud! A special mention to our Year 2 cohort, who sat their phonics screening check in the Autumn term: 92% of them passed (National average 78%), with 69% scoring between 37 and 40 out of 40 (National average 52%). This is a huge achievement and very well deserved for all the hard work the phonics team and children put in.



A Midsummer Night's Dream

We were also very lucky to have Ify Adenuga, mother of Skepta, JME and Julie Adenuga, talk to us as part of our inspirational people assemblies. She was able to talk to our children about the challenges she faced, moving from war-torn Nigeria to London and bringing up a family, members of whom have become very successful in the music and entertainment industry.

We look forward to a new academic year in September with lots of positive changes. We continue to develop our school environment, our curriculum and our SEND provision and look forward to welcoming Ofsted, at some point this year, to show them what our school is like now!

I am always happy to show people around our school, so if you would like to come and have a look at what we do, please get in touch.

Wishing you all a restful and peaceful summer holiday. Take care and God bless.

Mr Gallagher, the staff and the children at Annelly.



Reception children in our new garden area



Cradle Hill
Community Primary School

I think the end of this academic year comes with a sense of hope that next year things will be more normal! As someone who lives in Seaford, I am always incredibly

proud of how our community comes together and supports each other and that has never been truer than over the last year.

Seaford's unique position of having four primary schools and only one secondary school, which most of the children attend, places us in an enviable position of being able to work collaboratively on projects that can support our whole community. I know we have valued the 'Twelve Rocks of Wellbeing' initiative that has been run across the Seaford community and, knowing that our children will continue with this as they move to secondary school, ensures long-term impact.

In a summer term that has included far too many 'virtual' celebrations and events, it is brilliant that our children have been able to experience an in-person transition week at Seaford Head School. This will leave them well-prepared to be really successful from September and, hopefully, ensure there are no anxious moments in August.

As we finish this academic year, I hope all our families and the wider community have a lovely summer, no matter the weather. I will be hoping for some sunshine and trust that you all enjoy spending time with your families and friends.

Ms Keith
Headteacher



Children's Wellbeing at Chyngton

At Chyngton we have invested a great deal this year in supporting children's mental health and emotional wellbeing. Only a minority have taken the whole pandemic in their stride and not seemed overly affected by it. Many others told us they missed friends and routines: some even said they missed their lessons!

We have responded with the biggest support for children's wellbeing that I have ever known in a school. In addition to counselling and listening services, we have our own dedicated members of school staff to support individual children, alongside a new nurture provision.

We bought into Andrew Wright's 'Neuro-Ninja' project and many children have told us that the 'Rocks of Wellbeing' has helped them, as have some parents who have attended the webinars.

12 Rocks Of Well-Being

- Rock 1 – Sleep – 8-9 Hours a night
- Rock 2 – Exercise – 20 mins per day
- Rock 3 – Eat and Drink Healthily – complex carbs, protein, low sugar
- Rock 4 – Mindfulness – be present without judgement 5-10 mins
- Rock 5 – Mind Wandering – allow your mind to social problem solve
- Rock 6 – Manage Emotions – notice, accept, share with trust
- Rock 7 – Walk Outside in Nature
- Rock 8 – Listen to Music – 20-30 minutes
- Rock 9 – Connect meaningfully with friends and family
- Rock 10 – Gratitude and Kindness- express both explicitly each day
- Rock 11 – Engage in activities important to your life's purpose
- Rock 12 – Learn, Play, Create, Read



We have used an approach called 'Zones of Regulation', which is helping children to understand what they are feeling. It develops the language of emotion, by naming what children are feeling, and begins to explore the reasons why they feel this way. This might come quite naturally to adults but for many children it is part of growing up and learning about themselves.

Finally, we supported many children who were anxious about their move to secondary school, in managing their emotions and wellbeing during this difficult transition. Having suffered the ups and downs of the pandemic rollercoaster, our children have been a credit to themselves and their families, as they take this important final step in their time at primary school.

Robin Tollyfield
Headteacher





As we approach the end of the school year, we are all looking forward to September with hope that we will be able to welcome our children back to a more 'normal' school experience in the new term. I would like to say a huge thank you to our magnificent children, staff and families who have been incredibly supportive and understanding throughout what has been a very challenging time for us all. We would like to wish our amazing Year 6 children all the very best for their futures at secondary school and beyond, and thank each and every one of them for their incredible contribution to our school. It has been great for them to participate in transition activities this term, in readiness for their new school in September, and we look forward to hearing about their future successes and achievements in the years ahead.

As well as our Year 6 children preparing for secondary school, we are looking forward to our new reception children joining us in September, as they begin their school journey with us. We also wish all our current children the very best, as they move on to their new classes, and we are confident that they will enjoy all the exciting new learning opportunities which lie ahead for them.

We look forward to continuing to work closely and collaboratively as a group of Seaford Schools, as we strive to provide the best possible education and care for all our children and young people. We wish you all a wonderful summer break and hope you have an opportunity to enjoy some quality time with family and friends.

Chris Davey
Headteacher



Seaford Head School

Achieving Excellence Together

It is lovely

to be able to finish this most challenging of years by contributing to another wonderful edition of the Seaford Schools' Newsletter. The last year has been like no other in education and I am so proud of the way in which our students have coped with this situation.

The transition week perfectly illustrates how staff, students and their parents/carers have worked, in partnership, to ensure that our children continue to have access to the best possible educational provision. It was fantastic to have students from the four Seaford primary schools on our Steyne Road site for five full days of secondary style teaching and learning. The photographs in this newsletter highlight how our new students are already living up to the school's ethos. They are displaying honest intentions, working hard, making a positive contribution, showing a 'can-do' attitude and respect for all.

We were extremely impressed by our New Year 7 students who worked really hard throughout the five days and are well set to really hit the ground running in September. We will be seeing a large number of these students in school again for our Summer School programme, as they continue to build strong and supportive relationships with their peers and school staff.

As well as our new Year 7s impressing, students across all year groups have continued to make excellent, academic progress throughout this period. Our Years 11 and 13 students faced a completely new type of grading process and worked consistently and conscientiously throughout the assessment period. Students in the other age groups responded brilliantly to the challenge of staying within their teaching and learning zones; their exemplary conduct ensuring that they kept safe and kept learning.

I would like to say a huge thank you to all members of the wider community for the support they have given to the school and our students over the last eighteen months. I hope that you all have a restful and enjoyable summer holiday and that the sun shines on all of us. We will be hoping that life returns to something a little more resembling 'normal' in September but we can feel confident that, whatever challenges we face, we will work collectively to ensure that the young people of Seaford continue to thrive.

Mr Ellis
Headteacher

