



NEWSLETTER



8 February 2019: Term 3: Week 5

Weekly Message from the Headteacher: Mr Ellis

This week we hosted a performance of Macbeth for our Year 11 students, to support them with their English Literature GCSE preparations. There was also a series of apprenticeship workshops as part of the careers programme. On Wednesday morning, the whole of Year 11 was photographed: it's occasions such as these that remind us how quickly they are approaching the end of Key Stage 4. This group is really into the 'sprint finish' in the lead up to their final GCSEs and these students are impressing everyone with their positive attitude. The mock examinations are currently being marked and the results will provide precise feedback to students regarding where they need to focus their efforts for the last few months of Year 11.



Our Year 13s are also gearing up for their final examinations and will be sitting their mock examinations at the beginning of March. This group has worked so hard to secure progression routes for use when these students leave the sixth form. Similarly to our Year 11s, as well as maintaining a precise focus on examination preparation, they must build an appropriate amount of social and relaxation time into their weekly schedules. During the examination season, it is vital that our students are looking after themselves and developing strategies for relieving examination pressure. Student Services and staff are always available to help them *(or their parents/carers)* should they have any concerns in this area.

This week I met with Emma, Grace and Hope from the Seaford Youth Forum, together with our Year 9 students, who meet at the Mercread Youth Centre. This group undertakes fantastic work that benefits the whole community and is currently focusing its efforts on 'Active Sussex' by raising money for bike racks, with repair stations along the seaford; its aim is to raise £3,000. For next week's Newsletter, the group will be providing an update on fund raising efforts and providing more details about how we can all show our support and get involved.

Next Thursday will be a non-uniform day, as part of the school's support for equality and diversity. It's extremely important that we uphold core values in our community and Thursday will give us the opportunity to demonstrate how we value and respect all members of our community. It has been organised to take place during LGBT history month, which this year has the theme of Peace, Activism and Reconciliation. Sadly, discrimination and persecution of minority groups has not been consigned to history and we must work collectively to ensure that all individuals are treated with respect and dignity. There will be a number of workshops and presentations on 14 February to explore these issues in greater depth. It's great to see that so many students at Seaford Head School are taking such an active role in promoting and celebrating equality and diversity in our community.

Word of the Week:

Key Stage 3 Word of the Week::

Ablaze: on fire

Key Stage 4 Word of the Week:

Rendezvous, noun: a meeting at a certain time and place



Headteacher's Star of the Week:

Emma Durnford: Churchill House - Can Do Attitude.



After being so impressed by the way in which our Year 10 students approached their examinations, which took place immediately after the Christmas break, I was keen to recognise a member of the year group as my Star of the Week. When I asked Mr Beverley for a nomination, he had no hesitation in naming Emma. This is how he described her: "Emma continues to show hard work and determination within Year 10 and is excelling in all aspects of French. She continues to meet and exceed target grades across all subjects; an achievement that is made possible, in part, due to exemplary behaviour and an outstanding attitude to learning. Her outstanding attitude has been recognised through the award of numerous achievement points from her subject teachers; this places her with the Top 10 students within the Year 10 cohort. It is also worth noting that she has 100% attendance this academic year, something that has undoubtedly played a major role in enabling her to be in a fantastic position as she prepares for Year 11." Well done Emma!

Director of Learning Stars of the Week

Year Group	Name	Reason
Year 7	Riley French	For massive improvement in his swimming.. OUTSTANDING effort!
Year 8	Henry Maybury	For changing his outlook and being excellent in Math's!
Year 9	Macy Bates	For being OUTSTANDING in her PE lessons!
Year 10	Emma Durnford	For outstanding wok and a fantastic attitude with French!
Year 11	Erin Keith	For showing great empathy and understanding to another student!

Diary Dates

Wednesday 13-Friday 15 February	Annie the Musical	Arundel Road Site 7pm
Thursday 14 February	Equality & Diversity Day	Whole School
Friday 15 February	End of Term 3	Students dismissed at 3.15pm
Monday 25 February	Start of Term 4	All students in school at 8.40am

House Certificate Winners!!

Congratulations to the following students who have received their Bronze House Certificates for achieving 75 positive house points!! **James King, Leah Herring, Ella Paul, Benjamin Cushway (not in photo), Keira Pirie, Alicia Marten (not in photo), Hannah Turner (not in photo), Rylee Tomsett (not in photo), George Godden, Amelie McHale-Baldrian (not in photo), Solomon Hastings, Xing Wu, Nell Santall, Harvey Jenkins, Finlay Alden, James Brown, Emma Cruickshanks, Rose Millington, Roxana Burns, Alma Rowland, Aimee Harrison, Laurie Weisz, Zero Cao, Hetty Hughes, Joe Garman, Ben Fuller**



Swimming Gala Success

Seaford Head School students attended the Partnership Swimming Gala today at Lewes; they were a true credit to themselves and the school.

Our heat races started off with Alexjandro Hammers-Sanchez coming close second in the 50m Backstroke, only a finger tip's distance in it, with Ferne Connolly taking first place for the girls' race. Next up was Team Captain, Matthew Hind, for the 100m Backstroke, taking the lead early to secure a clear first place victory. Toby Holmes-Ling was next for the 50m Breaststroke to take first place, followed by the rapid Sky Stay, also taking first place. Edward Moakes then took part in the 100m Breaststroke, and secured second place, followed by the girls race where Ferne Connolly took an early lead to win first place. Huw O'Shea then entered a head-to-head race throughout, just missing first place. It was the same for Sky Stay. Neither of them gave up, both securing second place.

Matthew Hind was up again for the 100m Front Crawl, taking the race by storm and winning by over 15m, followed by Charlotte Gostock, who came in second place.

Harry Baker then competed in the 50m Fly, a tough race in which he successfully secured third place, followed by Charlotte Gostock, who took second place.

Next up was the 4x25m Mixed Medley Relay (Matthew, Toby, Charlotte and Ferne) followed by the 4x25m Freestyle medley (Matthew, Charlotte, Louis Clemente and Sky) in which first place was secured for both.

Seaford Head School was the overall winner of the Gala and we are extremely proud of all the students who participated.

CONGRATULATIONS to you all!



House	Points
Churchill House	12618
Mandela House	13248
Nightingale House	13561
Rowling House	12380

Parents/Carers Consultation Evenings 2018-2019

Year 7 PCE	Thursday 21 March 2019 Arundel Site: 4.30pm-7.30pm
Year 9 PCE	Thursday 2 May 2019 Arundel Site: 4.30pm-7.30pm
Year 11 PCE	Thursday 28 February 2019 Arundel Site: 4.30pm-7.30pm
Year 13 PCE	Thursday 4 April 2019 S6H Centre: 4.30pm-6.00pm

Attendance

Our Attendance Target for Years 7 to 11 has been set at 97%.

Teachers and members of the support staff work hard to encourage students and their families to achieve the 97% target and we reward students for 100% attendance on a weekly and termly basis.

Year Group Attendance Weeks 1-19: 4 September-1 February 2019

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
96.7%	96.0%	94.8%	95.0%	95.0%	94.1%	94.8%
Overall Average Year 7-11						95.5%

Absence Line

If your child is absent, please ensure that you phone the absence line on 01323-872728 by 9.00am, as this will avoid receiving an unnecessary call from our Absence Officer.

TICKETS ARE NEARLY SOLD OUT , DON'T FORGET THE PREMIERE ON WEDNESDAY 13 FEBRUARY IS CONCESSION NIGHT £4/£6

Seaford Head School Presents **Annie** The Musical

13th, 14th & 15th February 2019

Advance Ticket Bookings

Wednesday 13 February Concessions £4 Adult £6

Thursday 14 & Friday 15 February Concessions £6 Adult £8

All tickets purchased after Friday 8 February (and on the door) £10





Seaford Rotary Young Musician of the Year 2019



Do you have a musical talent?
Are you aged between 11 and 17?
Can you perform one piece on your instrument or sing one song?
Do you belong to an ensemble?
Would you like to win a Cash Prize?

Then come and perform in our competition to find the

Young Musician of the Year



The competition will be held on **Saturday 9th March 2019** so fill in an entry form and get it to us by **Saturday 23 February 2019**

You don't need to be an amazing performer.....come and try!

Entry Forms and Rules are available from the Music Department at Seaford Head School or you can download them from the Rotary Club of Seaford website www.seafordrotary.org.uk

Or email youngmusician@seafordrotary.org.uk



ONE YOU
EAST SUSSEX

NHS Health Checks

ELIGIBILITY CRITERIA FOR HEALTH CHECKS:

- Age 40-74
- East Sussex resident
- Do not already have or receiving treatment for **HEART DISEASE, STROKE, DIABETIS, KIDNEY DISEASE, HIGH CHOLESTEROL OR HIGH BLOOD PRESURRE**
- Have not had a NHS Health Check in the last 5 years

EACH HEALTH CHECK TAKES APPROXIMATELY 20 - 30 MINUTES AND DURING THAT TIME WE WILL:

- Ask about some details to register.
- Take the blood pressure, heart rate and some measurements such as height and weight to calculate Body Mass Index (BMI)
- Take a finger prick blood sample to analyze cholesterol and blood sugar if required.
- Ask some questions about lifestyle and family medical history.
- Show all results and indicate ways that could help to improve nutrition and life style if required

ONE YOU
EAST SUSSEX

Office: 01323404600 www.oneyoueastsussex.org.uk

hello@oneyoueastsussex.org.uk

Suite 8, Faraday House, 1 Faraday Close, Bexhill-on-Sea, East Sussex, BN22 9BH



Sustrans AAFG

Seaford Head School



Removing wheels and changing disc brakes – Nov 2018

The Challenge

Seaford Head School provides secondary education for c. 1300 pupils from the Seaford and Newhaven locality. The school is divided across three sites for different year groups: Steyne Road (Years 7&8), Arundel Road (Years 9-11) and 6th Form Centre.

The school runs a number of programmes to support vulnerable learners including those with SEND. Some face challenges with communication, cognition and learning, while others require additional support with developing their physical, social, emotional and mental wellbeing.

The school have developed a new programme led by Sam Whittaker, Head of Inclusive Learning and PHSE. Here learners are given the opportunity to participate in onsite activities which place emphasis on developing soft skills and practical expertise.

What we did

Sustrans first engaged the school in March 2018 prior to the Big Pedal. The competition sparked a lot of interest among younger pupils but did to appeal to those nearing the end of their education.

This required a different approach and one that would not interfere with exams. Sam Whittaker was approached by Sustrans, who offered to design a bespoke bike maintenance course for a small group of Year 10 students.

The course was delivered in 2 hourly sessions, over four weeks. It was structured in a way that built on skills from the previous week and enabled students to share their learning. Content included removing wheels, fixing punctures, changing disc brakes and v-brakes, and altering gears. During week three, students shared and demonstrated their puncture repair learning with Year 7 SEN pupils.

By the end of the course, pupils were able to recognise and fix problems on their own bikes, and service balance bikes belonging to the adjacent nursery. They had also attained Learning, Employability and Progression credits in bike maintenance and were awarded a Bikeability Fix certificate.

Key Facts

8 hours of consolidated bike maintenance

5 Year 10 pupils and 2 school staff engaged

5 Bikeability Fix certifications

One pupil was keen to share his learning with a Year 7 student.

“ I can show him how to adjust the brakes now ”

Active Access for Growth

is funded through DfT Access Fund and focuses on inspiring and enhancing existing and longer term active travel (cycling, walking and public transport) across three key growth areas- Newhaven, Eastbourne/South Wealden and Bexhill/ Hastings.

For more information contact Janie Burrage, Janie.Burrage@sustrans.org.uk or 07827 082172



In partnership with



GAS, PLUMBING AND ELECTRICAL



Apprenticeship Open Mornings February Half Term

PORTCHESTER Monday 18th February 2019 11am – 1pm

BURGESS HILL Thursday 21st February 2019 11am – 1pm

- ✓ Tour the centre and talk to the trainers
- ✓ Have a go at a practical taster session
- ✓ Find out about applying for September 2019
- ✓ No need to book – just come on the day
- ✓ Parents and guardians welcome too

SW Steve Willis
Training Centres

Apprenticeships

www.stevewillis.com/apprenticeships

Burgess Hill Centre, Unit F2, Sheddingdean Industrial Estate, Marchants Way, Burgess Hill West Sussex, RH15 8QY
Portchester Centre, Unit 7, Murrills Industrial Estate, East Street, Portchester, Hampshire, PO16 9RD

