



# NEWSLETTER



## 15 March 2019: Term 4: Week 3

### Weekly Message from the Headteacher: Mr Ellis

On Wednesday evening we held our first meeting with a view to establishing a Parent Council at the school. Our PTA continues to go from strength to strength and this is another way of promoting 'Parental Voice' at the school. We had ten parents in attendance and the group spent the session looking at what a Parent Council can hope to achieve in a school and how it can contribute to its strategic direction. The first item on the agenda was the school's 'core' values as it's vital that all stakeholders have the opportunity to contribute to the discussion that sets the foundations for the school's vision. The next Parent Council meeting will be held on Thursday 23 May at 5.30pm.

Last week, twelve of our parents and carers completed two days of Mental Health First Aid Training. It is so important that we work positively to address this issue and our children have access to support with any challenges that they face in terms of their mental health. The training course was delivered by Ms Kaukolahti who, along with other members of staff, works tirelessly to build capacity in this area; not just in the school but across the Local Authority. A huge thank you to Ms Kaukolahti for delivering this training and to our group of parents and other trainees who engaged so positively.

With our Year 13 students sitting their mock examinations and our Year 11s currently accessing a wide range of intervention sessions, it is apparent that students are involved in the 'sprint finish' towards their final examinations. Although they are understandably looking to squeeze as much revision and examination preparation into their weekly schedules as possible, it's vital that they are also building in a suitable amount of social and relaxation time to their 'out of school timetables'. At this point, more than ever, they must be taking good care of themselves and ensure that they have established a healthy sleeping and eating pattern and are taking plenty of exercise. Ms Kaukolahti and the rest of the team are always available to offer help and support in this area.

### Diary Dates

Wednesday 27 March	S6H Parents Clinic	4.00pm-5.30pm S6H Centre
Thursday 28 March	Dance Festival	7.00pm Arundel Road Site
Thursday 4 April	GCSE Music Showcase	7.00pm Steyne Road Site
Friday 5 April	Last Day of Term 3	All students to be dismissed at 3.15
Tuesday 23 April	Start of Term 4	All students to be in school by 8.40pm



### Headteacher's Star of the Week:

Alexander Payea: Mandela House - Working Hard Key

I was keen to recognise the efforts of another of our outstanding Year 11s this week and Mr Pratt had no hesitation in nominating Alexander. He is one of a number of students who worked hard to secure outstanding results in the recent mock examinations. He has clearly established a highly effective revision strategy and approaches his examination preparation in an extremely conscientious manner.



Alexander can feel confident that everything is now in place for him to perform fantastically well in his final GCSEs. The fact that he took a leading role in the recent whole-school production of 'Annie' makes his academic achievements even more impressive. He proves that effective revision need not come at the expense of participating in extra-curricular activities; he also demonstrates that you can achieve to a high level, across a range of areas, and be an extremely pleasant, kind and considerate individual at the same time. Alexander is an outstanding role model who will go on to achieve great things in his A-levels and at university.

### Director of Learning Stars of the Week

Year Group	Name	Reason
Year 7		
Year 8	Lucy Martin	For her excellent perspective project in Art!
Year 9	Hope Reilly	For doing really well in Spanish!
Year 10	The whole of 10y/ Ma5	For fantastic work in Trigonometry!
Year 11	Lucy Townsend	For working like a trooper in Maths!

Word of the Week: **Week Week Week Week Week**

### Word of the Week:

Key Stage 3 Word of the Week::

Gruesome: horrible, ghastly

Key Stage 4 Word of the Week:

Bevy, noun: a flock or birds; large gathering.

## Parents/Carers Consultation Evenings 2018-2019

<b>Year 7 PCE</b>	Thursday 21 March 2019 Arundel Site: 4.30pm-7.30pm
<b>Year 9 PCE</b>	Thursday 2 May 2019 Arundel Site: 4.30pm-7.30pm
<b>Year 13 PCE</b>	Thursday 4 April 2019 S6H Centre: 4.30pm-6.00pm

### Debate of the Week

'Should a government ever take away a person's citizenship?'

### Seaford Rotary Club Young Musician Competition Results

On Sunday, young musicians performed to an audience with confidence, (regardless of their experience or ability), at the Seaford Rotary Young Musician Competition. There was a great atmosphere of support between parents and students. There were many entries from Seaford Primary School and the violin tuition groups from professional violinist, Maeve Jenkinson. The standard was high and our students were truly wonderful.

Well done to the following:

Leah Herring: Solo Cello; Louis Dewing: Piano; Olivia Naylor: Vocals; Jasmine Hughes: Vocals

#### Winners: Seaford Head School

Blubelle Brinkman: Vocal Winner; Elena Basarabeanu: Piano (most potential)

#### Winners: Outside Seaford Head School

Esther Clay: Violin; Winner Instrumentalist . Seaford Baroque Ensemble - Winner Ensemble

### Year 10 Positivity

Year 10 students continue to work hard this year, showing fantastic commitment to their studies. The students are working hard to make 'progress' across their subject areas, developing knowledge and understanding of various topics expertly taught by their teachers. Having been given the role of Director of Learning for Year 10 since January, I have been extremely impressed by the maturity and work ethic of all of the students within my cohort, something that I have passed on to students in person and to their parents when possible. Some students have been further recognised for their ongoing efforts through being awarded the 'Star of the Week' Award, an accolade that is much sought after throughout the year group. Other students have also recently been recognised for amassing more than 75 achievement points, receiving a 'bronze' certificate and love2shop gift voucher in the process. The students to receive this award were:

**Josie Baker, Abigail Bennett, Joseph Callard, Emma Durnford, Ruby Male, Ella Oldham, Sean Terry, Alexandra Trill**



Well done to all of the students listed above who now have their sights set on moving towards the 'silver' award. Hopefully the presentation of this award can act as a catalyst to the remainder of the year group to push even harder than what they currently are, something that I know each and every student is capable of.

## Seaford Head Students inspired by STEM at Sussex University during Science Week

On Tuesday 12 March 2019, as part of Seaford Head School's involvement with the University of Sussex' First Generation Scholars scheme, twenty Year 10 students took part in a GCSE Chemistry event in honour of Nobel Prize winner, Professor Sir Harold Kroto. Students experienced a mixture of workshops and talks led by university academics and current undergraduate students.



Students in pic: Georgia Morris, Kezia Ryciak, Keira White and Mariama Sankareh

Science teacher, Mr James Dawson, said, "It was a fantastic opportunity for students to gain an interactive experience, learn more about studying chemistry and discover facts about research, as they investigated and celebrated the work of Sir Harry Kroto who discovered the buckminsterfullerene C60 molecule."

Mr Rob Handy, Assistant Headteacher in charge of STEM (Science, Technology, Engineering and Maths) at Seaford Head School said, "We want to get our students excited about pursuing a STEM career so having the opportunity to take them to Sussex University is a great way of inspiring the scientists and engineers of tomorrow. 60% of our Year 13 students who went off to university last year are now following a STEM undergraduate course which is testament to the success of STEM subjects at our Sixth Form."

### Attendance

Our Attendance Target for Years 7 to 11 has been set at 97%.

Teachers and members of the support staff work hard to encourage students and their families to achieve the 97% target and we reward students for 100% attendance on a weekly and termly basis.

Year Group Attendance Weeks 1-22: 4 September-8 March 2019						
Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
96.5%	96.0%	94.9%	95.1%	95.0%	93.6%	94.1%
Overall Average Year 7-11						95.5%

### Absence Line

If your child is absent, please ensure that you phone the absence line on 01323-872728 by 9.00am, as this will avoid receiving an unnecessary call from our Absence Officer.

Weekly House	Points
Churchill House	12618
Mandela House	13248
Nightingale House	13561
Rowling House	12380

## House System Continues to Flourish



Students across the year groups at Seaford Head School continue to work hard in order to win points and subsequent rewards for their designated house. Students can get house points by performing well in class. This can include good behaviour, homework and working well. Points are given out in class, in the form of postcards (2 points) or through the signing of the book of excellence (10 points). Points are also given out for attending the various clubs on offer, participating in scheduled competitions and other events organised throughout the academic year. The rewards given to students and houses include non-school uniform days, certificates etc, showing the hardworking students that their efforts are fully appreciated..

The results of the point system for **Terms 1 and 2** were as follows:

**Nightingale – 14750**

**Mandela – 14287**

**Churchill – 13684**

**Rowling – 13363**

Well Done to **Nightingale House** for a fantastic collective effort in achieving an impressive **14750 points**. It will be interesting to see how the other houses do in the coming terms and if they can close the gap to Nightingale, with Mandela looking their nearest challenger at this point.

House Competitions planned for the remainder of the academic year include:

Term 4	500 word story (KS3 & KS4) Science Week Competition (KS4 & KS5) Rotary Club Young Musician (all years)
Term 5	STEM Challenge (KS3) Sport Event (KS3 & KS4)
Term 6	Maths Competition Seaford Bake Off (KS3) Sports Day (KS3 & KS4) Fun Run (KS3 & KS4) Tug of War (KS3 & KS4)



**The battle continues...**

**Written by Hayden Roberts and Finlay Alden (Media Ambassadors).**

**FRIDAY 26 APRIL 2019 7PM ARUNDEL ROAD SITE**

**celebrating 80 years**



**Seaford Head School 1939-2019**



**Celebrate 80 years with us on Friday 26th April, tickets are on sale now £5 from reception ONLINE at [www.wegotickets.com/event/464162](http://www.wegotickets.com/event/464162)**

**Welcome drink, buffet, live music, bar and cocktails available 18+ only**

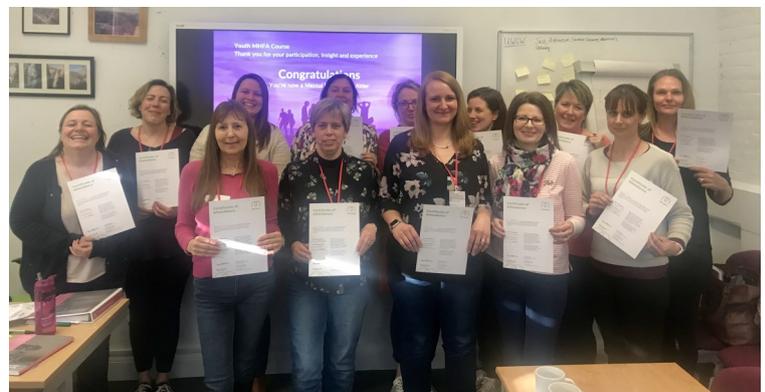
## World Book Day Quiz:

What is the book and who wrote it? Send your answers to [jackgant@seafordhead.org](mailto:jackgant@seafordhead.org).



## First Aid Isn't Just Physical Care it's Mental To!

Twelve wonderful parents of our students at Seaford Head School completed their Mental Health first aid training and have become qualified mental health first aiders!



The course ran over two days on the Sixth Form, led by Miss K. It was amazing and inspiring for all involved.

Here's what some of those parent had to say:

'Really fantastic course: I learnt a lot. Brilliant trainer who made everyone safe and comfortable when talking about some difficult subjects'

'It was an excellent course, full of information and insights and delivered with the right balance of seriousness and humour'

'Really interesting and informative course. Have learned so much.

Thank you Miss K!

*'I thoroughly enjoyed the course and it has armed me with a great tool box to use - Amazing!'*

*'A fab course, delivered perfectly'*

We are looking to run the course again in the future, so please keep an eye on the website!

**S6H Stars**

Year Group	Name	Reason
13	Sonny Hunter	For his revision booklet with colourful diagrams and extensive note taking [Geography]
12	Tom Fraser	For best performance in half term holiday assignment 89% [Physics]
12	Ruby Tully, Elizabeth Billington and George Maddison	For taking action over Climate Change and wanting to make a difference [Geography]
12	George Maddison	For being politically aware [Geography]
12	Ross Bower	For achieving the best grade for his homework this week [Music]



## Coping with Teenage Emotions

**What?** Following the open session last year we will be running a specific discussion group session. This is designed to provide an overview of the positive parenting principles for all parents who are interested and explore the issues in more depth. You will be actively involved through the focused format discussion group work.

Does your teenager over react to small things? Have mood swings or become angry? This discussion group will give you practical suggestions for dealing with your Teens problem behaviour and time to share with other parents and carers.

**Where?** Seaford Head School- Arundel Road

**When?** Tuesday 19<sup>th</sup> March. 4.30-7.00pm

Places are limited to 15. To book your place email [samwhittaker@seafordhead.org](mailto:samwhittaker@seafordhead.org)

[info@openforparents.org.uk](mailto:info@openforparents.org.uk) [www.openforparents.org.uk](http://www.openforparents.org.uk)

[/openforparents](https://www.facebook.com/openforparents)



# Newhaven PRAM RACE

**EASTER MONDAY, 22nd APRIL 2019  
at 12 NOON  
WEST QUAY, NEWHAVEN**

Prams will follow a winding course along the riverside, starting by the RNLI Boathouse and finishing at the north end of Huggett's Green.

Prizes for the best looking pram and team, fastest pram and pram which is closest to a secret set time.

**Fun for all the family!**



Entry forms and rules from Newhaven Town Council website [www.newhaventowncouncil.gov.uk/news](http://www.newhaventowncouncil.gov.uk/news) or tel: 01273 516100



To sponsor the event or have a stall on Huggett's Green contact Newhaven Chamber of Commerce [office@newhavenchamber.co.uk](mailto:office@newhavenchamber.co.uk) or tel: 01273 517544

Photographs by Ivor Gillett and Robert Horscraft

## A CONCERT IN AID OF THE YOUTH COUNSELLING PROJECT

# This is Me

Sunday 28th April 2019

**SEAFORD HEAD SCHOOL**

Doors open 6.00pm, Show starts at 6.30pm

**REFRESHMENTS & BAR AVAILABLE**

Tickets: £7.50



Archway Choirs are always looking for new members - no audition and no need to read music...just a love of singing and the desire to be part of something special



*Helping young people through difficult times*

Tickets are available from the Archway, 1 Blatchington Road or by visiting [www.thearchwaygroup.com/events](http://www.thearchwaygroup.com/events)



## Creative Connections

**FREE 5 Day Art and Design Spring School for 13-19 year olds**

- \* Learn Art and Design techniques from industry professionals
- \* Get an insight into studying creative subjects
- \* Gain an arts award
- \* Display your work locally

8th-12th April , 10.00am-3.30pm at Northbrook MET, West Durrington Campus, Littlehampton Road, Worthing, BN12 6NU

For more information and to book a place email [wp@gbmc.ac.uk](mailto:wp@gbmc.ac.uk) Places are FREE but limited