



# NEWSLETTER



17 January 2020 Term 3: Week 2  
 Weekly Message from the Headteacher: Mr Ellis

I have been extremely impressed by the way in which our Year 10 students have stepped up to the challenge of sitting GCSE style examinations this week. Every assessment they undertake enables them to refine their examination technique and identify the precise topics for which they need to pay particular attention in the months ahead. All our Year 10s should have a long-term revision schedule that will support them as they prepare for their final GCSE examinations commencing in the spring of 2021. This current set of assessments helps to familiarise them with the examination process, as well as building their confidence in terms of managing these demands.



This week, I have had the pleasure of leading the assemblies on Arundel site and presenting our top achievement point winners with their 'working hard' key to success. The theme of these assemblies concerned New Year's Resolutions (still!) and how our students should work towards being 'the best that they can be'. This ambition is only achievable if they are looking after themselves and taking care of their mental and physical well-being. In the assemblies, I drew on Andrew Wright's work and the importance of the 'twelve rocks' of well-being. I am writing this week's newsletter just before Andrew presents another seminar on Thursday evening, when he will link these themes with the latest research into neuro science; the feedback we have received from those who have attended these sessions has been extremely positive.

Next Thursday we are hosting our Year 8 Parents' and Carers' Evening and it will be the perfect opportunity to discuss how our students are progressing, as they prepare to start their GCSE courses. This is a crucially important time for our Year 8s, as on 6 February, we will be holding their GCSE curriculum pathway evening, when we will be outlining the GCSE and BTEC courses they will be taking from the start of Year 9. This will set them on a pathway to enable them to achieve great things in the future and fulfil their ambitions. The careers programme in Year 8 will help to ensure that our students are setting themselves really aspirational career targets, with a clear understanding of how to achieve these goals.

## Diary Dates

Tuesday 21 January	Hegarty Maths Session	5.00pm-6.0ppm Steyne Road Site
Thursday 23 January	Year 8 Parent/Carer Consultation Evening	4.30pm-7.30pm Arunde Road Site
Thursday 6 February	Year 8 Options Evening	6.00pm-8.00pm Arundel Road Site
Wednesday 12- Friday 14 February	HAIRSPRAY the Musical;	7.00pm Arundel Road Site

## Headteacher's Star of the Week

**Jack Poulton: Nightingale House – Respect for all Key.**

I am regularly alerted to the fantastic conduct of our students outside of school and this weekend I received another really positive account regarding Jack Poulton's behaviour. As well as studying in Year 10 at Seaford Head School, he is also an army cadet *INo 2 Seaford Detachment*. Following an army training event, it was brought to my attention that he has recently made excellent use of his first aid skills. On 7 January, there was a traffic accident outside Plumpton College and Jack immediately came to the assistance of injured passengers. The majority of them had only minor injuries, with the exception of a 17 year old passenger, who had a facial injury and was bleeding heavily. Jack treated her for shock and applied direct pressure in an attempt to stem the bleeding; she had lost two litres of blood. Jack, along with another former cadet, continued to assist the paramedics after they arrived on the scene.



On the army cadets' facebook page they make the point that sadly there is a tendency for people to walk away from this type of situation. Jack, however, showed what an impressive young man he is by putting himself in a really challenging situation in order to help others. He really is a credit to the school, the cadets and his family.

### Key stage 3

frantic (adj)

This **adjective** means to either be distraught with fear or anxiety, or conducted in a hurried, excited and disorganised way .

### Key Stage 4

reconciliation (noun)

This **noun** means the restoration of friendly relations.



## Director of Learning Star of the Week!

Year Group	Name	For
Year 7	Jack Cotterell	For having a very mature attitude towards learning!
Year 8	Callum Hill	For an amazing start at being a Year Careers Ambassador!
Year 9	Zero Cao	For his unbelievable work ethic in Mathematics !
	Paris Clarke	For great work, related to display data on graphs!
Year 10	Jack Poulton	For showing incredible courage and empathy towards a member of the community!
Year 11	Kieran Miskin	For improvement and hard work!

## Admissions Consultation

The local authority has asked us to make parents aware of the admissions consultation that is taking place which will affect East Sussex schools. Please use this link <https://vsb.eastsussex.gov.uk/article/6947>

**OUR NEW YEAR 8**  
**CAREER AMBASSADORS**

*Callum Hill, Clara Mclean, Ellie Law*

**Seaford Head School**  
Achieving Excellence Together

## Notice of Annual General Meeting

Notice is hereby given that the Annual General Meeting of Seaford Head School will be held at Seaford Head School, Arundel Road, Seaford, East Sussex, BN25 4LX on **Tuesday 21 January 2020 at 10.00am** to transact the following business:

1. To approve the minutes of the Annual General Meeting held on 4 December 2018
2. To approve the Annual Report for Seaford Head School for the financial year ended 31 August 2019
3. To approve the Annual Accounts of Seaford Head School for the financial year ended 31 August 2019
4. To reappoint Knill James as auditors of Seaford Head School
5. Notification of change of members
6. Any Other Business

If you would like to be present at the meeting please contact Mrs Greenwood, Clerk to Governors, in writing at the address below, or by email ([KathrynGreenwood@seafordhead.org](mailto:KathrynGreenwood@seafordhead.org)) by no later than 1.00pm on Thursday 16 January 2020.

## Parents/Carers Consultation Evenings 2019-2020

Year 7 PCE	Thursday 23 April 2020 Arundel Site: 4.30pm-7.30pm
Year 8 PCE	Thursday 23 January 2020 Arundel Site: 4.30pm-7.30pm
Year 9 PCE	Thursday 30 April 2020 Arundel Site: 4.30pm-7.30pm
Year 10 PCE	Thursday 27 February 2020 Arundel Site: 4.30pm-7.30pm
Year 11 PCE	Thursday 19 March 2020 Arundel Site: 4.30pm-7.30pm



Churchill House = 14997pts 2<sup>nd</sup> Place      Mandela House = 13703pts 3<sup>rd</sup> Place



**VOTES FOR SCHOOLS**

Nightingale House = 15170pts 1<sup>st</sup> Place      Rowling House = 12683pts 4<sup>th</sup> Place

©VotesForSchools2020

## Votes for Schools?

Could you go vegan for a month?

## Attendance

Our Attendance Target for Years 7 to 11 has been set at 97%.

Teachers and members of the support staff work hard to encourage students and their families to achieve the 97% target and we reward students for 100% attendance on a weekly and termly basis.

Year Group Attendance Weeks 1-16 5 September- 10 January 2020						
Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
96.1%	95.9%	95.2%	94.3%	94.0%	95.3%	95.1%
Average						96.1%

## Absence Line

If your child is absent, please ensure that you phone the absence line on 01323-872728 by 9.00am, as this will avoid receiving an unnecessary call from our Absence Officer.

PLUMPTON

# OPEN MORNING

Our first information morning of 2020 is taking place this Saturday, 11th January, 9am-12pm. A great opportunity for students interested in Plumpton College and a career within the land based sector to visit. They can benefit from a tour of the campus, a chance to speak to curriculum departments and hear from our Principal, Jeremy Kerswell.

<https://www.plumpton.ac.uk/our-college/news/calendar-of-events/event/open-morning-january-4507/>

## COCKTAIL MOCKTAIL



RAFFLE

OPEN NURSERY

JANUARY 25TH  
FROM 5 - 7 PM

MERCREAD YOUTH CENTRE  
MERCREAD ROAD

ALL PROCEEDS  
TOWARD

**CENTREPOINT**

*Supporting homeless young people*

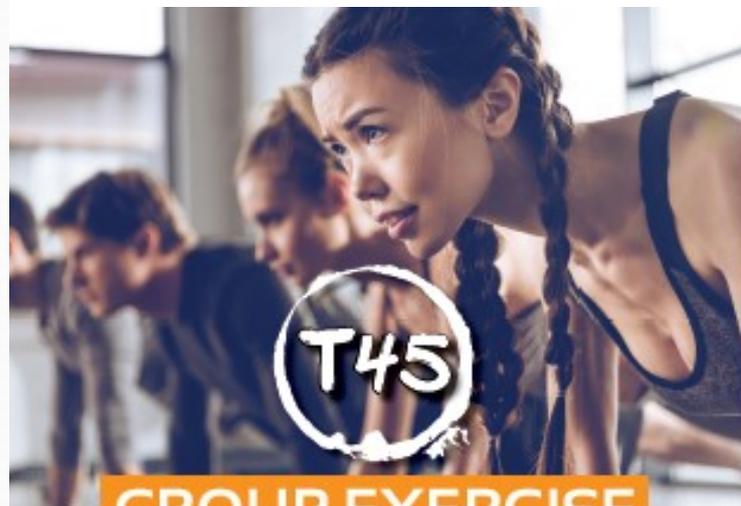
We have places available for our Fathers Network event on Wednesday 22 January from 12.30pm-4.00pm. This will be held at Newhaven Hillcrest Centre, Bay Vue Rd, BN9 9LH.

These events are FREE and lunch will be provided.

This Fathers Network event is an opportunity for professionals to explore the challenges they face in their efforts to engage fathers. It is also a chance to reflect on the challenges fathers may face in engaging with professionals.

Oasis are running a series of interactive, non-judgemental and reflective learning events where participants will enhance their understanding and practice in working with fathers in their workplace.

Please e-mail to book a place or call for further information



## GROUP EXERCISE

Exercise classes for 11 - 16 year olds

Mondays	3.45pm - 4.30pm	at Peacehaven Leisure Centre
Tuesdays	3.45pm - 4.30pm	at Lewes Leisure Centre
Fridays	4.00pm - 4.45pm	at Downs Leisure Centre

Free to members, £3.75 for non members

For further information visit

[www.waveleisure.co.uk](http://www.waveleisure.co.uk)

f @waveleisure t @TheWaveLeisure



## GYM FITNESS

Sessions in the gym for 11 - 16 year olds

Tuesdays	3.45pm - 4.30pm	at Lewes Leisure Centre
Tuesdays	3.45pm - 4.30pm	at Seahaven Swim & Fitness Centre
Wednesdays	3.45pm - 4.30pm	at Peacehaven Leisure Centre
Thursdays	3.45pm - 4.30pm	at Downs Leisure Centre
Sundays	12.00pm - 12.45pm	at Lewes Leisure Centre
	2.30pm - 3.15pm	at Downs Leisure Centre

Free to members, £3.75 for non members

For further information visit

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