



NEWSLETTER



29 January 2021 Term 1 Week 4

Weekly Message from the Headteacher: Mr Ellis

I would like to thank students and their parents/carers for engaging in the remote learning surveys that Mr Waite sent out this week. Up until now we have received around four hundred responses and, although it is pleasing to find that over 80% of parents and carers are happy with the way in which their children are engaging in remote learning, and over 90% of students are using a lap top to access their work, we will not be satisfied until we have 100% outcomes in these areas. In terms of work-engagement, the response is more mixed, with almost 25% of students acknowledging that they are not working for five hours a day, whilst for 40% of our students, it's a concern that they are studying for far more than five hours a day. It's vital that we continue to work together to achieve the right balance, because if our children are not sufficiently engaged, they are in danger of falling behind. If, however, they're spending significantly more than five hours in front of their screens, it raises concerns about their general well-being. Should you have any concerns regarding your child spending too much or too little time on their studies, please contact their Director of Learning immediately. If you have any specific concerns regarding remote teaching please contact Mr Waite jonwaite@seafordhead.org.



These survey responses, together with the information we are collecting from staff, highlight that students should feel very proud of the way in which they are adapting to the challenge of remote learning. They are continuing to cover the curriculum and when they return to school, they will be able to build on this learning. Although a great deal of uncertainty remains in this area, it is apparent that remote teaching will continue until after 8 March. It is helpful that the Secretary of State for Education has announced that staff, students and their parents will be given two weeks' notice, so that we can plan for the move from remote learning back into the classroom. Our Attendance and Student Services teams are following up with any students who are failing to log in for their lessons, thus ensuring that parents and carers are kept fully updated in terms of their engagement.

As we chart a course through these uncertain times, the home-school partnership to support our students is more important than ever. With this in mind, I have set a date for this term's Parent Council Meeting which will take place at 5.00pm on Thursday 11 February. Parents and carers who have attended these meetings in the past will be sent a personal invite to attend through Zoom. The meeting will be covering the following items: effective remote learning, planning for the return to school, mass testing, the consultation on public examinations and Seaford Head School's future in a post-covid world. It would be lovely to welcome some parents/carers into the group who have not previously attended these meetings. If you would like an invite for the Parent Council Meeting, please contact Mrs Greenwood through Kathryngreenwood@seafordhead.org.

I would like to thank parents of students in Year 8 for engaging so positively in the remote curriculum event which is also available online. Mrs Mathew also delivered a remote assembly to all our students. Next Thursday, parents and carers will have the opportunity to meet with their children's subject teachers to discuss the GCSE content in more detail and receive personal feedback on their child's progress. These remote Parents' Evenings were unheard of before 'lockdown' but the Year 11 and sixth form events were extremely successful, so we are looking forward to another positive evening. Many parents and carers have commented that they have really appreciated being able to book a meeting that they can attend from the comfort of their own home, rather than waiting in line in the school hall.

Headteacher's Stars of the Week: Ellen Jones, Aimee Harrison, Nilany Sathiyaseelan, Gabe Hoggarth, Hetty Hughes, Eliza Collett-Ximines, Ash Morrison, Freya Bryant, Ewan Carr and Harvey Jenkins. **The Can Do Attitude Key to Success.**

This week I am recognising the achievement of our top house point winners in Year 10. These students have responded so impressively to the challenges that they have faced this year. Their behaviour in the Year 10 learning zone was exemplary and there has been a real collective focus on their studies. They have continued this positive approach into the most recent lockdown and their engagement with on-line lessons has been excellent. Although we are desperate to welcome our Year 10s back into school, the independent study skills they are developing through their engagement on teams will stand them in good stead when it comes to their final GCSEs. As the most senior cohort in the school who are next in line to encounter these formal examinations, it's pleasing that they are working at their absolute best. Between them, these ten students have secured well over 1600 House points. This is a staggering achievement; keep up the great work Year 10.



WELL DONE!!

Hegarty Heroes 11.1.20

Seaford Head School
Achieving Excellence Together



Year 7

William King

Petal Czolak

Oren Holland

Charles Gander

Sophie Lloyd

Honey Doughty

Frankie Middleton

Mya Stockley

Nia Waite

Henry Mason

Year 9

Harley Beckett

Ozzy Townshend

Jakub Kluciar

Xin Shi

Harry Pallen

Rakhi Patel

Isobel Bedford

Daisy Lord

Rhianna Vicary-Winson

Benjamin Cushway

Year 8

Nathan Turner

Francesca Tibbitts

Georgia Clarke

Sean Sedar

Nithus Sathiyaseelan

Ethan Carr

Michael Norris

Adam Nash

Liam Palmer

Faye Toomer

Year 10

Leon Civita-Laird

Maddison Macmillan

Morgan Godding

Samantha Ferris

Grace Smith

Madeline Ransley

Haydn Wilcox

Jack Pannell

Olivia Lyons

Huw O'Shea

SMSC

LGBT History Month is a month-long, annual, celebration and remembrance of lesbian, gay, bisexual and transgender history. It looks at the history of gay rights, which is also related to the civil rights movements. The main and overall aims of the month are to promote two things: equality and diversity. The whole point of LGBT+ History Month is to celebrate LGBT+ people in all their diversity, and in doing so, educate out prejudice. The optional cross curricular activities this week explore LGBT+ issues and give students the chance to create the 2022 LGBT History Month Logo.



This week in...

1812 Charles Dickens Greatest novelist of the Victorian period was born.

1913 Rosa Parks was born, called "the first lady of civil rights" her refusal to give up her seat on the bus to a white passenger became an important symbol of the modern Civil Rights Movement.

2004 Mark Zuckerberg launches Facebook from his Harvard dormitory room

2005 Britain's Ellen MacArthur becomes the fastest person to sail solo around the world taking 71 days.

2009 Jóhanna Sigurðardóttir is elected as the first female Prime Minister of Iceland, becoming the first openly gay Head of Government in the modern world.



LGBT SMSC Profiles

 <p>Name: Mark Ashton Born: 19 May 1960 Famous: Gay Rights Activist Co-founder of the Lesbians and Gays Support the Miners support group during the 180 miner's strikes.</p>	 <p>Name: Lily Parr Born: 26 April 1905 Famous: Professional Footballer One of the most successful football players. Openly lesbian Parr played against both male and female teams and she reputedly had a harder shot than any male player.</p>
 <p>Name: Michael Dillon Born: 3 May 1915 Famous: Physician Michael Dillon was the first person in the UK to undergo hormone treatment and surgery for a female-to-male transition</p>	 <p>Name: Maya Angelou Born: 4 April 1928 Famous: Poet & Rights Activist Her works often called peace, racial and religious harmony, and social justice for people of different origins, genders, and sexual orientations.</p>

FIND OUT MORE HERE - <https://lgbtplushistorymonth.co.uk/resources/lgbt-history-month/>



Can You Design the LGBT+ History Month 2022 Badge?

The Badges are sold to help to raise money which goes towards raising awareness of, and combating prejudice against, the LGBT+ community and celebrating its achievements and diversity

Design a badge for LGBT+ History Month 2022, which considers the 2022 theme: Art and Politics

The design...

- Should use bright colours, particularly those associated with LGBT+ Pride
- Can be any shape
- Must be legible within a 5cm x 5cm square
- Must include the words: LGBT History Month
- Can be created on paper or using IT
- Cannot include brand logos, human faces, religious or party-political symbols

LGBT+ HISTORY MONTH BADGES		
		
		
		



As part of the optional cross curricular SMSC activities this week, which remember the tragedies of the holocaust, Year 8 student, Henry Gay, has independently spent time looking at a range of interesting literature around the subject.

Henry let us know about a weekly magazine called 'Vedem' (*In the Lead*) that was produced in secret, between 1942 and 1944, by a group of 13 to 15 year old Jewish boys which is full of stories and pictures produced by children in the Terezin concentration camp.

The theme for Holocaust Memorial Day (HMD) 2021 is Be the Light in the Darkness. It encourages everyone to reflect on the depths to which

humanity can sink but also the ways individuals and communities resisted that darkness to 'be the light' before, during and after genocide.

We always love to hear about our students interests, especially those which support their social, moral, spiritual and cultural development.

Support for Students, Parents and Carers

The Sussex Learning Network has launched a two-pronged initiative to help families across the region to cope with anxiety. Developed in partnership with voluntary agency 3VA and community mental health charity, Holding Space, the project offers parental skills training as well as counselling for young people.

A free, six-week programme led by an experienced trainer/therapist, aims to teach parents of 7 to 13 year olds, skills and strategies to manage anxiety experienced by them and their children.

"Our research during the first national lockdown with schools and colleges, demonstrated the increased level of anxiety among young people," explains Debra Vice-Holt, SLN:Uni Connect Programme Manager (Mentoring and Innovation Fund). "Working with local community organisations, able to deliver support and resources to families directly, means we can respond to immediate need in local communities and provide additional resources during the pandemic." Families can self-refer, or referrals to the programme can be made through schools, colleges or other organisations.

Alongside this parental training programme, SLN has commissioned Holding Space to deliver a low-cost, confidential counselling service for young people, aged between 7 and 16, across Sussex, as well as one-to-one phone support with a trained counsellor.

The details can be found on our website:

<https://www.sussexlearningnetwork.org.uk/projects/man-anx/60>

Geography Film Club



We thought it would be a nice idea to suggest a Geography-focused programme, or film, that could be watched by students *[or as a family!]* to help broaden an understanding of how geography relates to the world around us. Every couple of weeks, we will include our recommendation in the bulletin and how it links to the curriculum. This week, we are recommending the first episode of

Perfect Planet which focuses on Volcanoes: GCSE students in Year 9 are currently studying Natural Hazards and it's an upcoming topic for Year 8.

<https://www.bbc.co.uk/iplayer/episode/p08xc2v8/a-perfect-planet-series-1-1-volcano> Mr Still, Ms Novitt and Dr Wallace

Working From Home Superstar!



Year 8 online practical lesson – macaroni cheese made by Lilia Watts in Year 8, following teacher demonstration. Well done Lilia! It looked delicious. We hope you enjoyed making it.



Holding Space

Parent Online Support Group
Every Wednesday 10.30- 11.30am

Join us on Zoom:
<https://us02web.zoom.us/j/86556962421?pwd=aDVQQ0pUUYk1MrMkwxMu3VzdIQT09>

Meeting ID: 865 5696 2421
Passcode: support



WALK AND TALK

An informal, chatty, safe, confidential space for Parents and Carers to chat and be supported (and to get some fresh air too!)

Every Friday @1pm
Meeting at:
The Fishermen's Club
Royal Parade, Eastbourne BN22 7AA

PLEASE GET IN TOUCH FOR MORE INFO:
contact@holdingspace.org.uk
www.holdingspace.org.uk
[@EastbourneHoldingSpace](https://www.facebook.com/EastbourneHoldingSpace)

Social distancing and government guidelines will be adhered to



THE WINTER GAMES

Join in from 1 Feb - 26 Feb
www.sussexschoolgames.co.uk



We are delighted to announce that the Specsavers 'Virtual' Sussex School Games is coming back in NEXT WEEK! Get ready for **The Winter Games**, and take on some incredible sports from the Winter Olympics.

After the success of the virtual competition in the summer, which saw almost 10,000 people take part weekly, the Sussex School Games Organisers and Active Sussex have put together a new set of challenges, meaning children (and adults) can ski, skate and even bobsleigh from the comfort of their own living room.

The challenges have been designed to capture the imagination of children at this time, to help keep them physically active and to encourage them to beat their own personal bests.

Children can take part from home, or within school, and no special equipment is required. They will be representing their school by contributing towards the school's average score

How does it work?

There will be 4 challenges each week each linked to a different Winter Olympic discipline, for the 4 weeks of February.

Challenges will be published at 9.30am on a Monday morning, on the PE TEAMS pages and the school website.

The events will also be available at www.sussexschoolgames.co.uk, on social media, and sent directly to those [signed up to the mailing list](#). If you were on the mailing list for the summer games then you will automatically be sent it so no need to sign up again.

Participants have until midday on Friday to submit their scores and Sussex leaderboards will be published later that day.

There will be separate leaderboards for primary and secondary school children, and an Active Adult leaderboard so that teachers, parents and carers can get involved and represent the school too. Spirit of the Games trophies will be presented to the schools that get the most children active each week.

Schools will also contribute to their School Games Area team, linking up with other local schools to take on the other areas of Sussex.

Adaptations for Space, Equipment and Inclusivity

All of the challenges require minimal space and no special sporting equipment (we're talking socks, towels and chairs), and each challenge comes with some example adaptations which can be made where necessary. Creativity and problem solving is encouraged throughout, to make sure that as many people can get involved in the competition as possible.

There are also some example adaptations for people with disabilities, to ensure that sports are inclusive and accessible for everybody.

Get Involved

It all kicks off at 9.30am on **Monday 1st February** when the first set of icy challenges are released.

Anybody can take part, and schools do not need to sign up. Whilst there is no 'official' sign-up required, we would encourage yourselves and parents to [sign-up to the mailing list](#) to get updates, challenges and results sent directly, and also to follow on social media to help spread the word.

Twitter: [@SussexSchGames](#) and also please tag @SouthDownsSGO

Facebook: [Specsavers Sussex School Games](#)

Instagram: [@SussexSchGames](#)

Safeguarding

Making the competition safe is of paramount importance, and we will therefore never ask for a child's full name, nor shall we ever publish a child's name or share individual scores. The only people who will have access to the data are Active Sussex and the Sussex School Games Organisers. We will only use an individual's details to help a teacher to identify who to award medals to. For South Downs Area, I will only send participation data upon request from a known member of staff and to a school e-mail address.

Training Prizes

Practice makes perfect, so participants are encouraged to train and improve each week to be the best that they can be.

As a bit of extra-motivation, each Monday we'll be setting a new training challenge alongside the sporting competition, with the chance to win a £50 Amazon voucher as a prize.

Participants simply need to upload their training videos and pictures to Twitter, Facebook or Instagram, and include the hashtag #SussexSchGames, and a weekly winner will be selected at random.

BSMS MONTHLY LECTURE SERIES

FOR SECONDARY SCHOOL AND COLLEGE STUDENTS



Dr Tom Levett

When Grannies Attack: Age, Ageing and Health Problems in Later Life

We are all ageing, it is universal and irreversible (currently). Older adults are the fastest growing part of our population and the bulk of patients cared for by healthcare professionals. However, we don't all age in the same way.

Join Dr Tom Levett as we explore ageing in the UK, what makes people age well or less well and what medical problems we see as people get older.

Wednesday 3 February, 6:30pm - 7:30pm

Talk to be delivered online via Zoom videoconferencing

Tickets are free but must be booked online at: <http://bit.ly/3rWPb3T>



How to Enter:

1. Sign up by emailing Mr Ross at address@seafordhead.org (You will be added to a teams group)

2. write your song

3. record your song and upload it to the assignment, this could be done as:
a voice memo using your phone.
a video of you performing it
or even an MP3 if you have the means to use logic/Gimp/audacity at home

Songs Due no later than Friday February 12th (last day before half term)

ESCLive

VIRTUAL OPEN EVENT

it's good to talk!

Virtual tours & one-to-one video calls.

Join us in February for a one-to-one online video call with your chosen course tutor.

We will answer all your questions about your course, what it is like to be a student with us, and talk about any worries you may have.

It's really easy to book and attend by visiting www.esclive.co.uk

Book your place by clicking here

Get to know our tutors and Assistant Principals too!

Hastings

2ND & 3RD FEBRUARY
3:00PM - 6:00PM

Eastbourne

4TH & 8TH FEBRUARY
3:00PM - 6:00PM

Lewes

9TH & 11TH FEBRUARY
3:00PM - 6:00PM



Join our EDYOUcation at East Sussex College
visit www.esclive.co.uk for more information.

LRC book borrowing during school closure

Are you struggling to find a new book to read from home?
if so please email librarians@seafordhead.org

We will provide an individual book service for our students, to allow you to borrow further books from the LRC whilst you are not in school.
Please let us know your book requests- please request at least 3 different books along with a type of genre. A suitable book will then be delivered to home.



Keep reading and quizzing on your books from home using Accelerated Reader



Virtual School Library

Free reading and writing activities from your favourite childrens' authors from the National Literacy Trust.

Students are still able to request books from our LRCs [Learning Resource Centres] by emailing librarians@seafordhead.org, to help support them with their reading.