

The logo for Seaford Head Sixth Form Centre, featuring the letters 'S6H' in a stylized font. The 'S' is blue, the '6' is green, and the 'H' is blue.

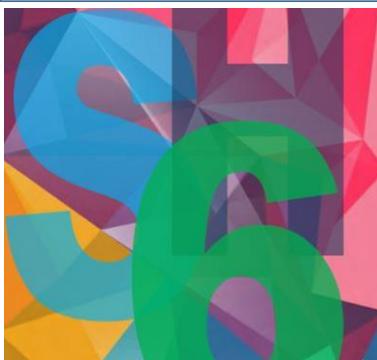
Seaford Head
Sixth Form Centre
Realise Your Potential

A Level

DANCE

Minimum entry requirements

- Practical Dance ability
- Knowledge and appreciation of Dance
- Experience in Dance performance
- A passion for Dance
- You do NOT need to have studied this subject at GCSE although it is beneficial



What will I study?

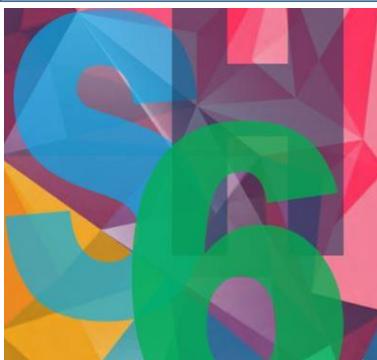
COMPONENT 1: PRACTICAL

- Solo Performance; linked to a practitioner (2-3 minutes)
- Performance in a Quartet (3-4 minutes)
- Group Choreography (3-4 minutes)



COMPONENT 2: THEORY

- Critical engagement; study of professional Dance works



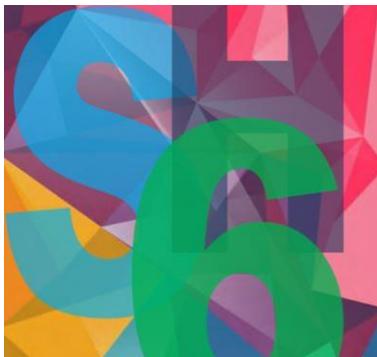
How will I be assessed?

COMPONENT 1: PRACTICAL 50% weighting, marked out of 80

- Solo Performance (marked out of 20) 2-3 minute live performance with 150 word programme note to support
- Performance in a Quartet (marked out of 20) 3-4 minute live performance with 150 programme note to support
- Group Choreography (marked out of 40) 3-4 minute duration and based on an externally set task with 300 word programme note to support

COMPONENT 2: THEORY 50% weighting, marked out of 100

- Critical engagement; 2 hour 30 minute written exam comprising of short and essay style questions.



Who teaches this subject?

Mrs Laura Temple

- Head of Dance at Seaford Head School
- Degree: Physical Education
- University of Brighton



Why should I take this subject?

A level Dance incorporates performance, composition and appreciation of Dance. You will learn how to develop and improve your practical, technical and expressive Dance skills.

You will develop and apply compositional skills in order to produce creative, effective and imaginative choreography

You will have the opportunity to explore and gain appreciation of two contrasting Dance works choreographed and performed by professionals.

You will learn to analyse all aspects of professional works including lighting, set, accompaniment, genre, costume and choreographic intention.

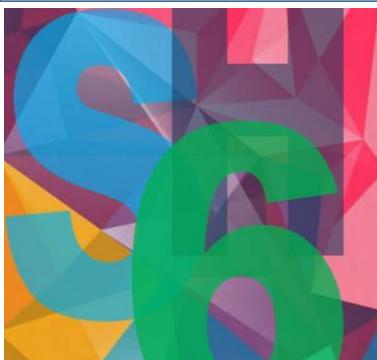


Where can this subject take me?

The Dance skills, appreciation and expertise that you will develop will be valuable assets in many jobs, including:

- Dance performance
- Performing Arts Production
- Health and Fitness
- Dance Teaching
- Dance related work in in travel and tourism

The study of Dance equips you with the skills to be confident in your ability and delivery, have an analytical eye and be motivated and committed to self-improvement. These skills are required in most professional jobs.



What does a typical lesson look like?

PRACTICAL – Dance studio

Warm up

Preparation for safe studio practice through dynamic stretching to music.

Introduction

Accurate replication of Dance material from a variety of genres and styles

Development

Using expertise to explore and expand dance material, choreograph own work, critique others and improve technique

Plenary

Secure the learning of the lesson, perform and share work and provide feedback

THEORY – Classroom or dance studio

Starter

Thought provoking question, consolidation from previous lesson and problem solving tasks

Introduction

An investigation of an aspect of a professional Dance work; set, lighting, costume, stimulus

Development

Using research skills, analysing and contrasting to develop appreciation through class presentation, discussion, writing and image

Plenary

Questions and summaries to secure the focus of the lesson and assess knowledge of the topic

