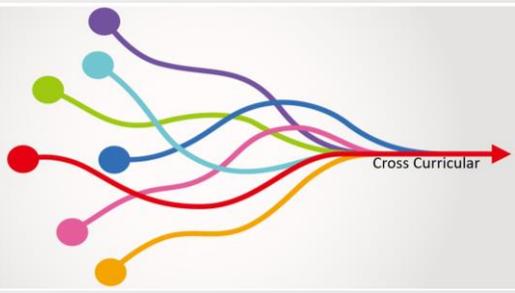


Cross Curricular,
SMSC &
Wellbeing
Activities

Week Beginning
25/01/2021



SMSC Theme-:



25 January (Monday) HONEN MEMORIAL DAY Buddhist- Honen (1133-1212 CE) is one of the outstanding figures in the history of Japanese Buddhism, and was the founder of Jodo Shinshu, one of the schools of Pure Land Buddhism.

27 January (Wednesday) HOLOCAUST MEMORIAL DAY National- A day for remembrance of people who suffered, chiefly at the hands of the Nazis during the second World War but also in other persecutions.



We will continue to do our bit for as long as we can, secure in the knowledge that others will continue to light a candle long after us.

Gena Turgel MBE, survivor of the Holocaust (1923-2018)

The theme for Holocaust Memorial Day (HMD) 2021 is-:

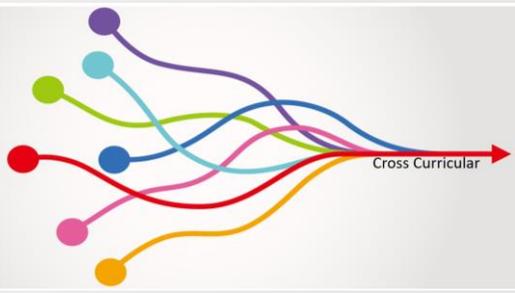
Be the light in the darkness.

It encourages everyone to reflect on the depths humanity can sink to, but also the ways individuals and communities resisted that darkness to 'be the light' before, during and after genocide

CLICK HERE TO JUMP TO
FURTHER INFORMATION-:



FIND OUT MORE HERE-: <https://www.hmd.org.uk/what-is-holocaust-memorial-day/this-years-theme>



This week in...

1595 William Shakespeare's play "Romeo and Juliet" is thought to have been first performed.

1820 Russian Antarctic Expedition discover the continent of Antarctica

1945 Auschwitz and Birkenau Concentration Camps were liberated

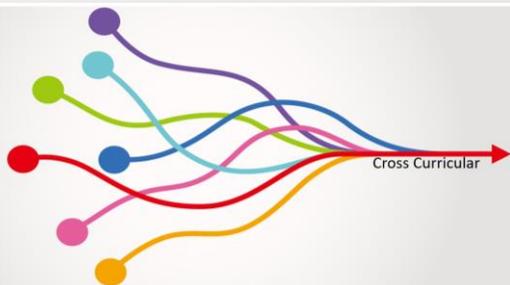
1958 International Lego Day is held on the very same day that Danish carpenter, Godtfred Kirk Christiansen, first submitted his patent for the original Lego brick in.



Name: Thomas Aquinas
Born: 28 January 1225
Famous-: Philosopher
Immensely influential philosopher and theologian in the tradition of scholasticism.



Name: Wolfgang Mozart
Born: 27 January 1756
Famous-: Composer
Composer of around 50 symphonies many of which are incredibly famous.



MATHS

435 members of the House of Representatives

50% are needed to impeach

How many Representatives is this?

There are **2 senators per State** in the Senate

2/3 are needed to impeach

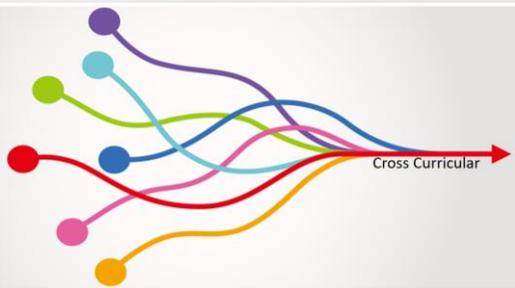
How many Senators is this?

Strength in numbers
In order to impeach a US President, there are certain numbers that you need to meet in both the House of Representatives and the Senate. Work out the answers to the questions in the flowcharts using the figures already filled in to help you.

Challenge:
If someone wanted to work out the probability of a President's impeachment leading to them being found guilty, how might they go about this? You don't need to find the answer, just the process, but bonus points if you find an answer!

The great home learning resources from the BBC just keep coming! Why not check out the Maths lessons on BBC Bitesize this week? They cover a whole range of areas through videos and activities. Click the image to find the right level for you.



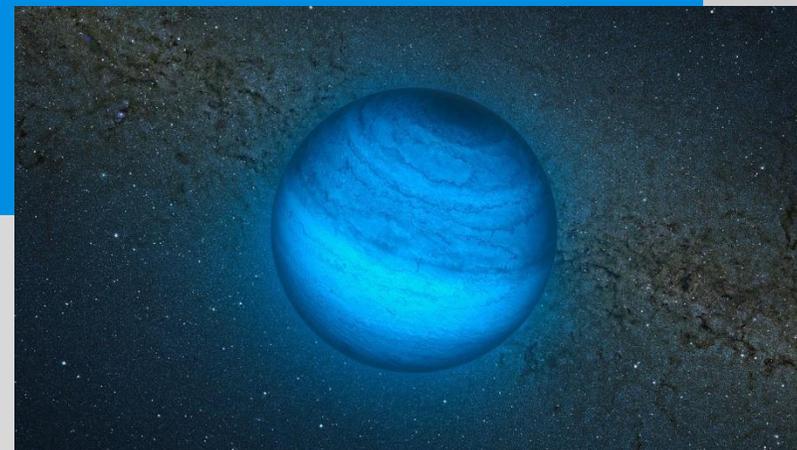


If anyone is going to know about the effects of climate change on our planet, it's the team at NASA.

Their website has lots of information, images and videos all about this vital topic

Why not learn a new fact each day?

Click the planet to read more

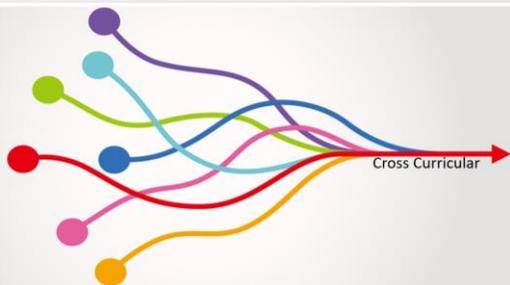


S
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**Ultimate
STEM Challenge**

Reimagine the solution to a real-life problem

Are you a natural problem-solver? Whether your answer is yes or no, you are sure to get something out of BP's Ultimate Stem Challenge. Though the competition is closed, you can still try your hand at the challenge. Click to download the pack!



MUSIC

Blowing your own Trumpet!
No matter your thoughts on Donald Trump, there's no doubt that he will go down in history. Another American political figure whose history has been reimagined is Alexander Hamilton, in the hit musical. Your task is to have a go at writing some lyrics (and even the music) to a song for a musical, but this time focusing on Mr Trump's presidency – use some of the ideas below to help you!



What style/genre of music would it be?

Tip!
Not familiar with Hamilton?
Click the logo to watch the 1-minute trailer.

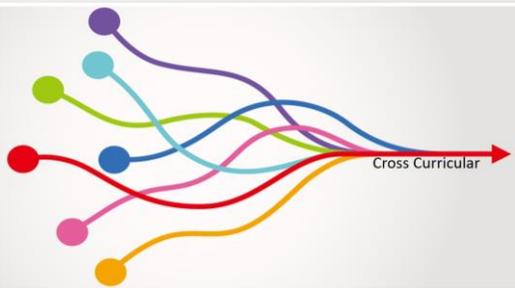


Which aspects of his time in office will you focus on?



Will any other "characters" feature in the song?

Challenge:
Make a prediction about whether a Trump musical may appear on a stage near you... When would this be? What angle do you think it would take?

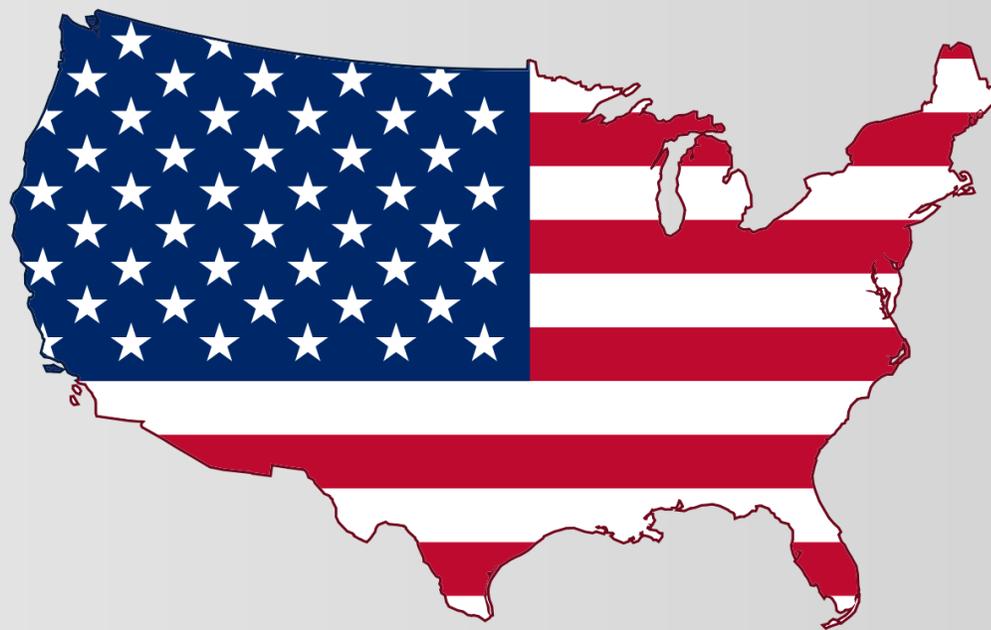


As lots of eyes were on the USA recently, why not test your knowledge of the States?

Or, if you'd rather give yourself a more global challenge, Sporcle can help with that through their quizzes.

[Click to check out their Geography selection.](#)

G
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Y



Wellbeing



Health @ Seaford Head



Building A #NeuroNinja in Learning

<https://youtu.be/4NBjxEnDXyA>



Netflix have recently launched a video series from **Headspace**, who are specialists in **mindfulness**. If you have a subscription, why not check it out? If not, Headspace also have lots of **great resources on their website**. Click the image to see what's on offer.



It's possible that you have been **feeling worried lately**, whether it's about things you've **read in the news** or your **independent learning**. Here are some ideas to **keep on top** of it.

Talk about it...

This is probably the most important piece of advice! If you are feeling anxious or stressed, you should try talk to a trusted adult, like a parent, carer or teacher.



...Or write it down

A "Worry Journal" is another good way to express your feelings. Write down your worries in a designated notebook to help you get it off your chest. You don't have to share it!

Consider the alternatives

While it's good to get your worries out (in person or in writing), it can also help to think about and share the changes that could help you feel better.



Dodge "doom-scrolling"

It's important to know what's happening in the news, but it's also vital we don't overload ourselves with negative headlines. Set aside a specific time each day to catch up.



Go easy on yourself

Even though last week we talked about the importance of creating a routine, don't be too hard on yourself if you struggle to stick with it. There's always tomorrow!

TO DO LIST



A gentle reminder...

Try not to forget that you've made it this far and all you can do is your best. If you try and tell yourself this at the start and end of each day, you might just start believing it.



Votes for Schools

Feedback: "Will Brexit affect you?"

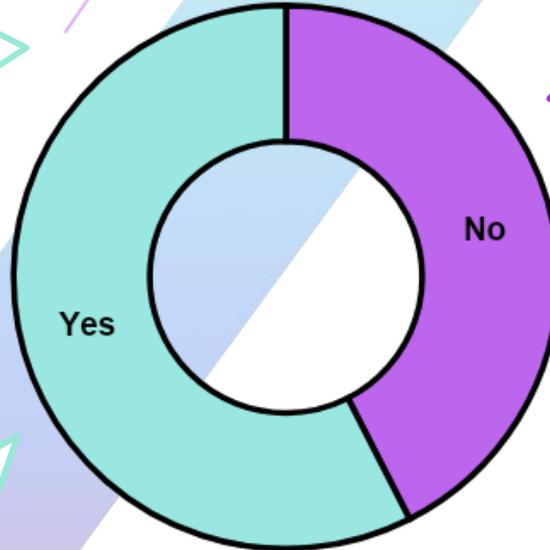


"Brexit has already affected our country emotionally. We are divided on the topic."

King Edward VI
Sheldon Heath
Academy

"I wanted to be an international teacher after education and uni but it will be much harder for me to get a work visa to work and live in other countries.

Was a bit stupid to leave really. (Bit stupid is an understatement.)"
Uckfield Community
Technical College



Yes
57.5%

No
43.5%

"It may affect my parents, friends and teachers but I don't think I'll see a change in my life."

Sutton Coldfield
Grammar School for
Girls

"Still a lot of uncertainty remains..."

King Edward VI Sheldon
Heath Academy

"As an individual, I was against Brexit when we first voted for it, as I did not fully understand it and I was not ready for a change. However, now that Brexit has happened, I am quite indifferent ... as nothing has really changed for me."

Sutton Coldfield Grammar School for Girls

Feedback: “Will Brexit affect you?”



“Many thanks to you all for tackling this important issue of Brexit, to debate and vote on the effects of Brexit on you. This is such an emotive subject and one where there are very strong views on either side of the debate and lots of different potential impacts to consider. I am grateful to you for sharing your views with us here in DfE – it’s great to hear from young people directly about policy issues like this, especially on something like EU Exit where the practical considerations of the UK’s departure from the EU are likely to be felt for many years to come. Please do keep talking about these difficult topics – the ability to consider complicated subjects like this when there are multiple perspectives and opinions are skills that are so important in life. They’re particularly important for civil servants like me – so an extra big thank you and well done as I know personally how tricky it can be to reach a conclusion when considering different options!”

Charlotte Govan, Head of the EU Exit Rapid Response Centre

This wasn’t the only person interested in what you had to say – check out the next slide to see who else has responded to you!



**Department
for Education**



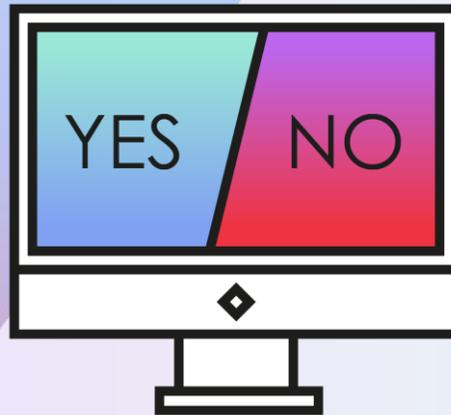
Vote!



At home*?

Follow this link to vote:

<https://www.surveymonkey.co.uk/r/vfs-secondary-trump>



Not sure how?

Click the link or copy and paste it into your internet browser!

If you have any issues, feedback or comments, email georgie@votesforschools.com.

Is Donald Trump responsible for the Capitol riot?



At home*?

Follow this link to vote after you have read the information:
<https://www.surveymonkey.co.uk/r/vfs-secondary-trump>



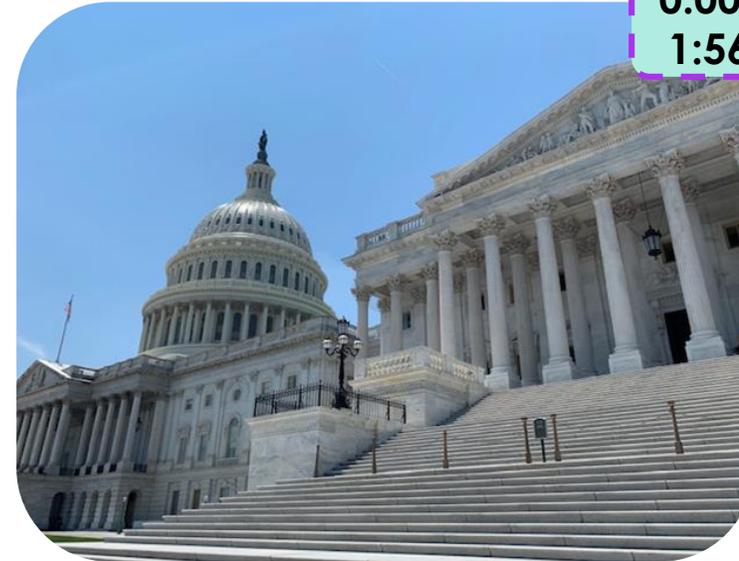
Not sure how?
Click the link or copy and paste it into your internet browser!



On the **6th January**, the **Capitol building** in Washington DC (capital of the United States) was **attacked** by a group of protestors. The protestors were **supporters** of President Donald Trump, and their goal was to **change the result of the 2020 US election**.

Video activity (2 mins)

Click the image of the Capitol building to see what happened.



The Capitol building in Washington DC is where **Senators and Representatives** sit to **debate and consider laws** in the United States of America – it has a similar purpose to the UK's **Houses of Parliament**.

Individual activity (1-2 mins)

How do you think the Senators and Representatives felt as they were told protestors had broken into the Capitol building?

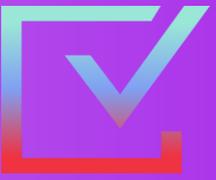


Before the **attack**, President Trump held a **political rally** outside the **White House** with his supporters. He rallied them with calls that the recent US elections had been fraudulent (inaccurate). He told his **supporters to protest at the Capitol**, which is a short distance from the White House in **Washington DC**.

President Trump has been **arguing for many months** that the US election, which he lost, was **unfair** and that **fraud** occurred. There has been **no evidence** found to support his claims.



Have **President Trump's actions** over the past few weeks **led to the attack on the Capitol**? Was his rally an **instruction** for his followers to try and **overturn the election** result? This is what you will be thinking about today.



Following the Capitol attack, President Donald Trump has been **impeached**. He is accused of “**incitement of insurrection**” against the US Government. Did he **encourage** his supporters to attack the Capitol?



Impeachment:

A formal process in which a politician or public official* is formally accused of misconduct.

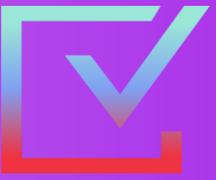
Incite:

To encourage someone to do or feel something unpleasant or violent.

Insurrection:

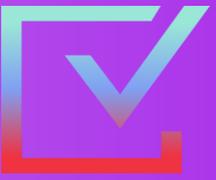
An organised attempt by a group of people to defeat their Government and take control of their country, usually through violence.

US **Senators** must decide whether President Trump is guilty of “**incitement of insurrection**”. When it comes to **this kind of trial**, you have to **look at the facts** that are **relevant** to the case. Your **opinions** of the person **should not** come into the **decision** (which can prove challenging!).

**Activity (7-9 mins)**

Senators are going to look at the evidence and decide if Donald Trump is guilty of “**incitement of insurrection**”. Your job is to take on the role of a Senator: you need to read some statements from President Trump's speech from the day of the Capitol attack. **Did the statement encourage the protestors to attack the Capitol?** Answer each statement with **Yes** or **No**.





Did this statement encourage the protestors to attack the Capitol?

**“We won this election,
and we won it by a
landslide”**

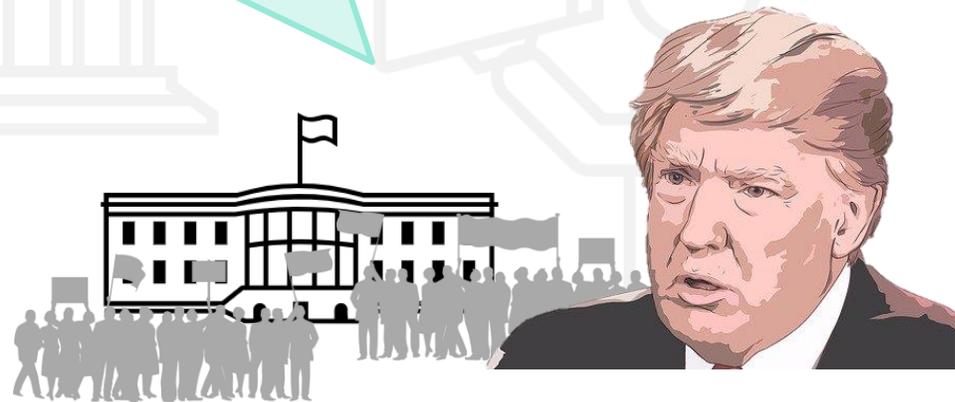
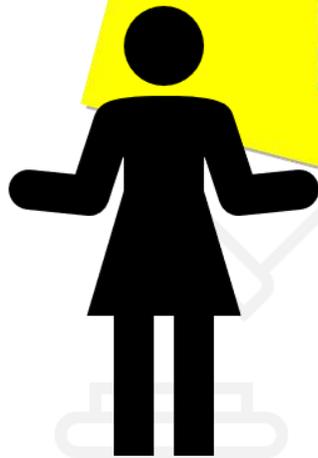




Did this statement encourage the protestors to attack the Capitol?

Yes
or
No?

“We will stop the steal”





Did this statement encourage the protestors to attack the Capitol?

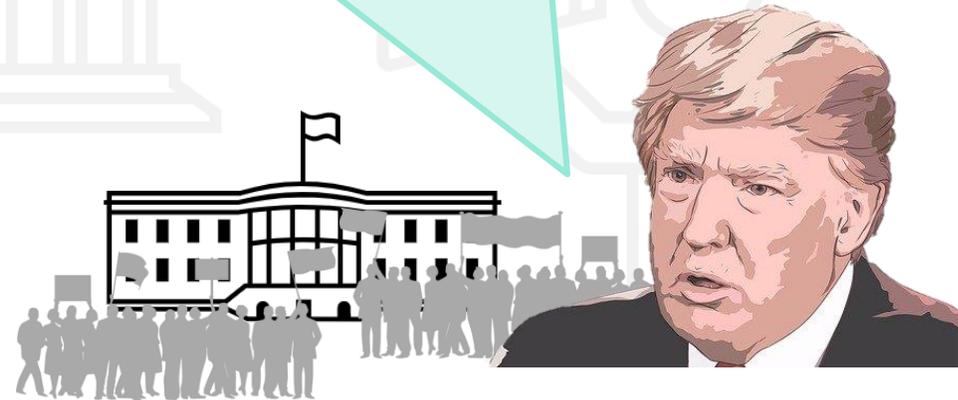
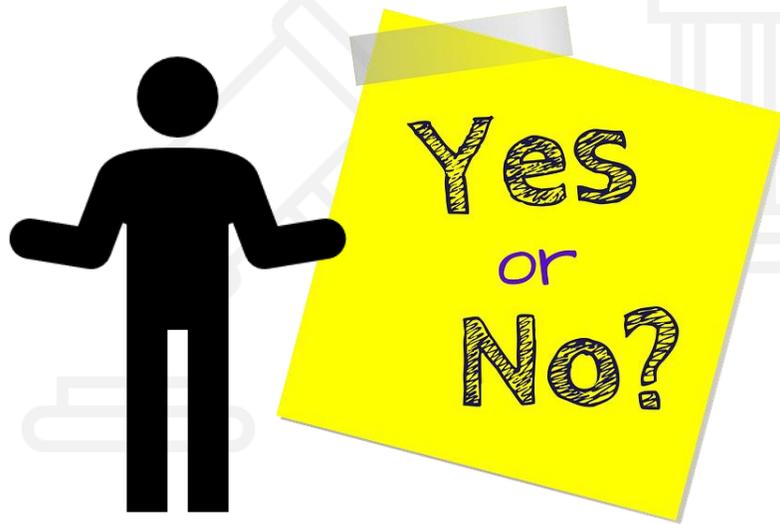
“If you don't fight like hell you're not going to have a country anymore”





Did this statement encourage the protestors to attack the Capitol?

**“Peacefully and patriotically
make your voices heard”**





Did this statement encourage the protestors to attack the Capitol?

**“We are going to the
Capitol”**



**Yes
or
No?**



Individual activity (2-3 mins)

As the protests showed, there is a sense of divide in the USA at the moment, and Joe Biden also addressed the need for unity in his inauguration speech. So, should President Biden step in to prevent the **impeachment** of Donald Trump going any further and try to “heal” the divide?

Did you know?

In the 2020 US election, **81 million** people voted for **President Biden**, whilst **74 million** people voted for **President Trump**.





Learn more: Fighting your own corner



It's time to **put what you've learned in today's lesson to the test**, with the help of Argument Wars! This interactive game gives you the chance to **argue a range of real Supreme Court cases** to see if you've got the powers of persuasion... Click the image to **give it a try!**



0:00-7:25

Career Spotlight:

So, we all know Donald Trump as the now **former** President of the United States of America. But, do you know **how his previous career paved the way for politics?** Click the video (from way back in 2016!) to find out. What do you think **might be the future of US Presidential candidates** based on his story?

Is Donald Trump responsible for the Capitol riot?



YES	NO
<ul style="list-style-type: none">• Donald Trump is an intelligent person and understood the impact of his words on his supporters.• Donald Trump's insistence that the election was rigged has convinced his fans that they need to fight for their democracy.• The President told his supporters to "fight like hell". It's not surprising that a riot broke out.• ...	<ul style="list-style-type: none">• People have to take personal responsibility for their actions.• Whilst the President encouraged people to protest at the Capitol, he did not directly say to break in and cause violence.• The results of the election were very divisive, so it's not that surprising that people wanted to take matters into their own hands.• ...



We will be **sharing your thoughts on this topic** with **various news outlets.**



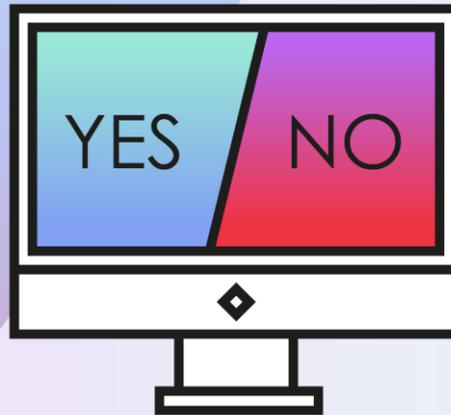
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Be the light in the darkness.



The theme for Holocaust Memorial Day (HMD) 2021 is:-

Be the light in the darkness.

*We will continue to do our bit for as long as we can,
secure in the knowledge that others will continue to
light a candle long after us.*

Gena Turgel MBE, survivor of the Holocaust (1923-2018)





Be informed: Why do we remember?



Wednesday 27th January 2021 is Holocaust Memorial Day.

This is a day for everyone to **remember the millions of people who were killed during genocide**. This includes The Holocaust and genocides that have happened since.

Genocide:

When a group of people* are killed on purpose.

The meaning of the theme

This year, the theme for Holocaust Memorial Day is *Be the Light in the Darkness*. What do you think this means? Have a think and then click to see if you were on the right lines.



The aim of this theme is to **encourage all of us to think about the individual people and communities** that managed to **shine a light** during history's **darkest times**, particularly periods of **genocide**.



Be informed: Why do we remember?



Throughout history, groups of people have been **murdered because of who they are**. Some of the **qualities** they have been **persecuted** for include:



Nationality:
where they are from



Religion:
what they believe in



Race or ethnicity:
what they look like

Holocaust Memorial Day helps us to **remember these specific groups of people** and their experiences, and guides us towards **“building a better future together”**.



Be informed: Why do we remember?



Now more than ever, it is **important to focus on what brings us together** (the light), **instead of what pushes us apart** (the darkness).



Intolerance:

Refusing to accept ideas, beliefs, or behaviour that are different to yours.

Examples of this “darkness” in today’s world include things like **misinformation**, **intolerance**, **discrimination** and **conspiracy theories**.

While these issues **might seem too big to overcome**, it’s important to remember the words of **a very important historical figure**:



Martin Luther King

Darkness cannot drive out darkness; only **light** can do that. **Hate** cannot drive out hate; only **love** can do that.



Be curious: What can we learn from others?



Despite some of the **atrocities** in our history, there have also been **lots of stories** about people and groups working to **drive out the darkness** in their communities.

Resistance

Someone who **stands up for what they believe**, and who **is a light in the darkness**.

Someone who shows **extreme bravery** in their actions, even if it **puts them at risk**.

Rescuers

Kindness

Someone who **lights the way** for change and has a **positive impact** on others.

Someone who **shines a light on a situation** so others can clearly **see who is responsible**.

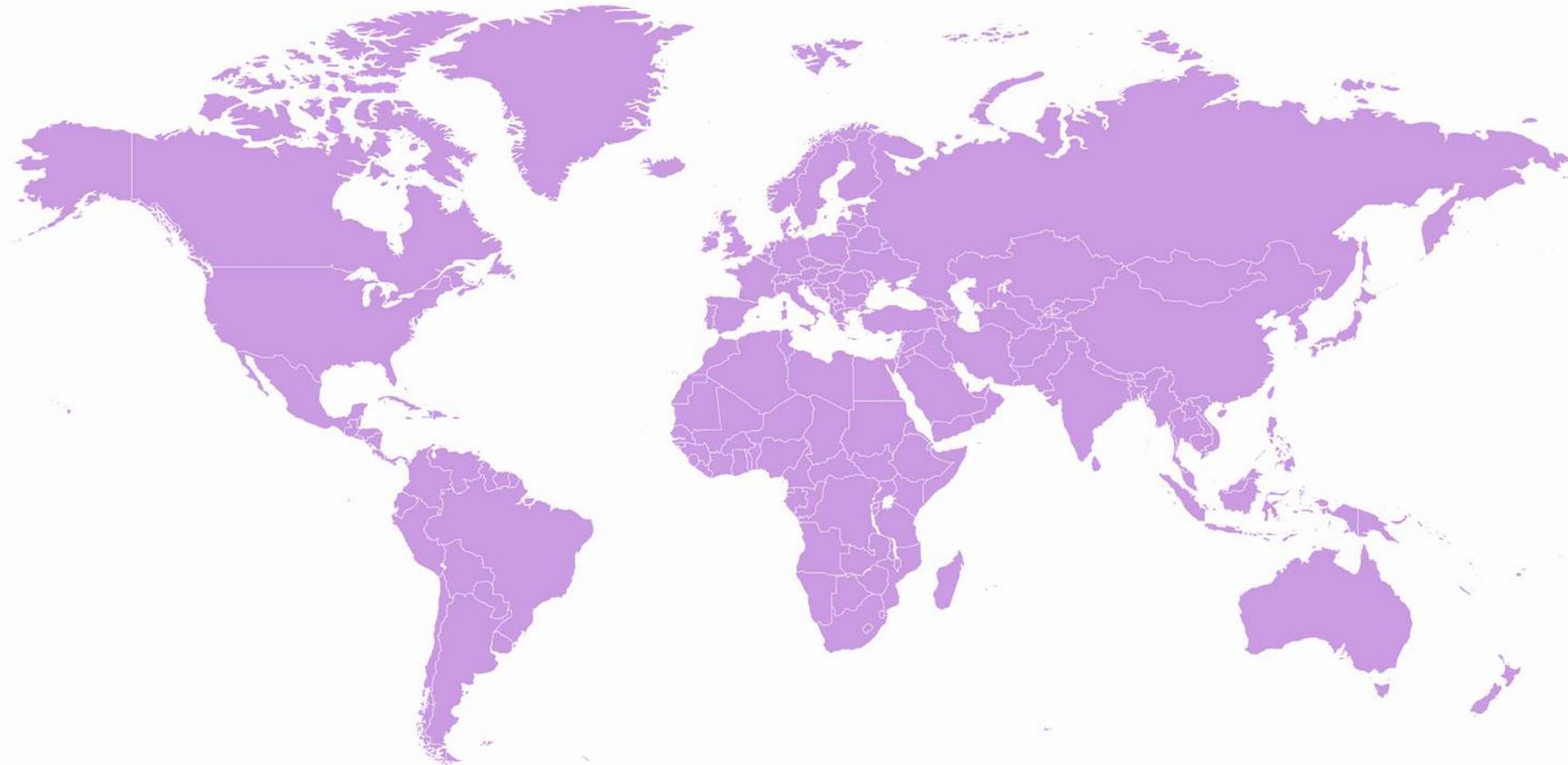
Shining light

Who do you know?

Do you know of anyone from history who represented one or all of these things?



Be curious: What can we learn from others?



What can others teach us?

On the next few slides, you will see four stories of people* who have lived through some of the worst periods in history.

Reflect on the questions at the bottom of each slide.



Be curious: What can we learn from others?



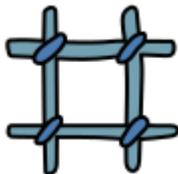
Resistance

Someone who stands up for what they believe, and who is a light in the darkness.



Over four years in the 1970s, **over 2 million people in Cambodia, Asia, died from starvation, execution or disease** under a political regime called **The Khmer Rouge**.

Author **Chanrithy Him**, who lived through this period, has written a book in which she **describes the small acts of resistance she saw**, and which gave her **hope**.



These included things like **calling family members by their first names** instead of "Comrade" (which was what they were supposed to do), and **escaping from work camps to visit relatives**.

What can we learn from these actions? How are these stories relevant today?



Be curious: What can we learn from others?



Rescuers

Someone who shows extreme bravery in their actions, even if it puts them at risk.

Marcel lived in France during the **Nazi Occupation**. He heard about a group called "**The Resistance**", who worked tirelessly to **defy the Nazis** by **helping Jewish people**, including children, **escape** to safety.



Thanks to his background as an **entertainer**, he was able to **keep young children calm and distracted** during their dangerous journey across the border to **Switzerland**.

During his time in The Resistance, **Marcel managed to save at least 70 Jewish children** through his ingenuity and bravery.



What can we learn from Marcel's actions? How is his story relevant today?



Be curious: What can we learn from others?



Kindness

Someone who lights the way for change and has a positive impact on others.



Elysee was just **four years old** during the genocide in **Rwanda, Africa** in 1994 – he saw many **awful things** and the experiences he had will always **stay with him**.

However, **Elysee now works with young people who come to Rwanda as refugees** from neighbouring country Burundi.



He says: “Here in Rwanda we have **gone through something similar** [to the people of Burundi] and we have **regained hope for the future**.”

What can we learn from Elysee’s actions? How is his story relevant today?



Be curious: What can we learn from others?



Shining light

Someone who shines a light on a situation so others can clearly see who is responsible.

It is **not just individuals and groups** who can shine a light, but **entire nations too**. In January 2020, **The Gambia** (a country in West Africa) **filed a case to the International Court of Justice**.



Their case concerned the **treatment of Rohingya Muslims** by the **military** in **Myanmar** (a country in Southeast Asia) – many Rohingya have **died** and **700,000 have fled** to refugee camps.

The case was described as “**landmark**”, and is likely to lead to a **full investigation** by the **International Court of Justice** in future.



What can we learn from The Gambia's actions? How is this story relevant today?



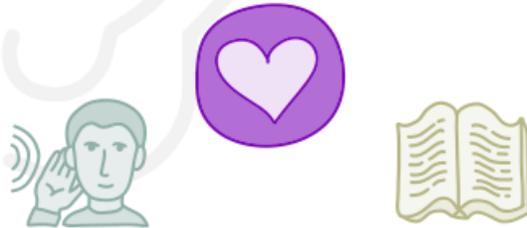
Be heard: How to be the light in the darkness



To **make sure** the events you read about today **truly become a thing of the past**, everyone has their **part to play**. There are **plenty of actions** we can take!

Taking action

Take a look at the examples below. Which could you do?



Get to know people

One of the best ways to drive out darkness is to listen to the stories of the people around us, no matter their background!

Find out more

It is important we learn from history as well as the present; reading about past events is important so we can make sure they don't happen again.

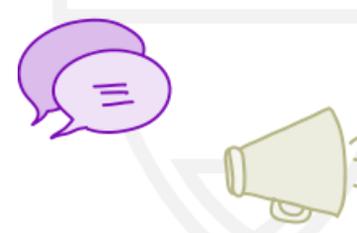
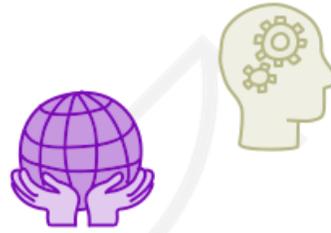


Report it

If we see anyone being treated unfairly, it is important that we report it to someone – a trusted adult or even the police.



Be heard: How to be the light in the darkness



To find out more about Holocaust Memorial Day...

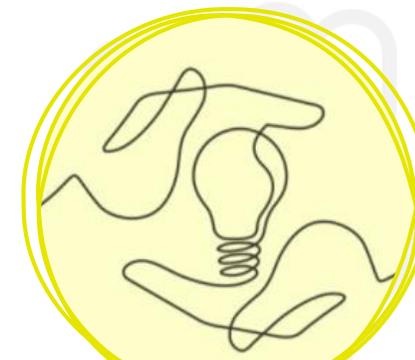
You can visit their website to see the resources they have listed as part of this year's event, or click the images to check out what they have to offer.



What is it?



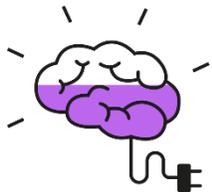
Join in!



Stories



How can we learn from the past?



Be informed.



Be curious.



Be heard.